

June 2011 – October 2011 MENU (begins 5/30/11)

Lunches are served to all students. Milk is served with all lunches.

Snacks listed are provided for those children participating in the After-Care program at CAOS

WEEK ONE

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken potpie	Breaded fish sticks	Cheeseburger on bun	Baked Ziti	Ham & Cheese sand.
Fruit Cocktail	Pears	Peaches	Applesauce	Banana
Lima beans	Buttered Potatoes	French fries	Salad	Carrot sticks
crust	Breading	Bun	Noodles	Bread
SNACK				
Jelly sandwich	Animal crackers	Goldfish	Poptart	Vanilla wafers
apples	Milk	Grapes	Milk	Juice

WEEK TWO

Monday	Tuesday	Wednesday	Thursday	Friday
Beef & bean burrito	Cheese pizza	Tuna noodle casserole	Chop Suey	Roast beef sandwich
Apple slices	Oranges	Fruit cocktail	Peaches	Pears
Carrots	Salad	peas	Mixed vegetables	Potato salad
Burrito shell	crust	Noodles	Rice	Bread
SNACK				
Vanilla wafers	Cheese	Cereal bar	Cantalope	Apple muffin
Ice cream cups	Crackers	Juice	Cracker sticks	Milk

WEEK THREE

Monday	Tuesday	Wednesday	Thursday	Friday
Shredded beef & noodles	Turkey hotdog on bun	Chicken & cheese quesadilla	Breaded mini corndogs	Veggie burger on bun
Applesauce	Apricots	Peaches	Pears	Tropical fruit
Mashed potatoes	Tator tots	Shredded lettuce	Green beans	Corn
noodles	bun	Quesadilla shell	breeding	bun
SNACK				
Rice cakes	poptart	Cracker sticks	Graham crackers	Bran Muffin
Juice	Milk	Cheese Sauce	Applesauce	Milk

WEEK FOUR

Monday	Tuesday	Wednesday	Thursday	Friday
Polish sausage/bun	Roast turkey	Breaded chicken nug.	Pulled pork/bun	Macaroni & cheese
Peaches	Tropical fruit	Applesauce	Apricots	Pears
American fries	Mashed potatoes	Corn	Green beans	Peas
bun	Roll	Breading	Bun	Noodles
SNACK				
Graham Crackers	Yogurt	Choc. Chip cookies	Vanilla wafers	CheX Mix
Grapes	Crackers	Milk	Juice	Raisins/Juice